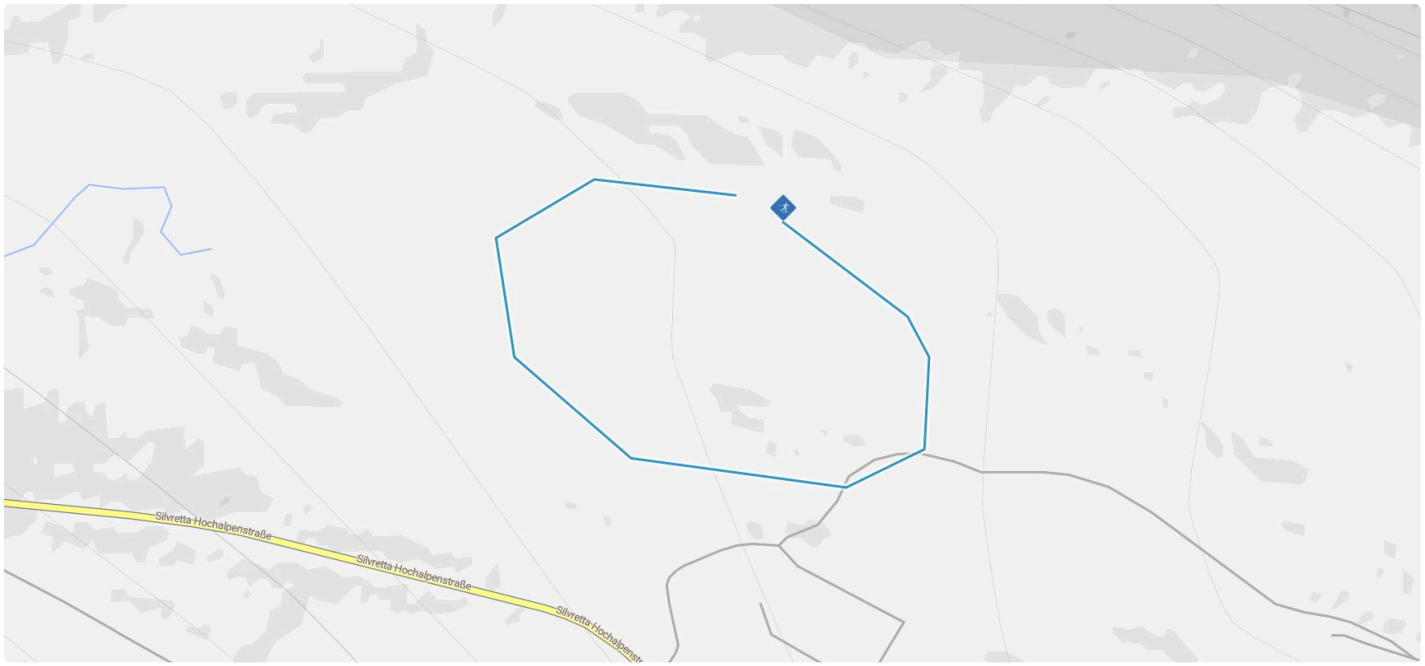
No. 3: Silvretta high altitude trail, small

EASY | REFRESHMENT STOPS



Tour description

On the Silvretta-Bielerhöhe, the short high-altitude cross-country trail takes you on a brief training loop through the high-alpine winter landscape. The practice loop follows sections of trails No. 4 and 5 and is ideal for warming up and training.

Starting Point - Directions - End Point

Starting Point
Silvretta-Bielerhöhe

Directions
The starting point for this short training loop is at Silvretta-Bielerhöhe. This short practice loop follows sections of cross-country trails No. 4 and 5 and takes you back to the starting point in a small loop.

Thanks to its short length, this trail is particularly well-suited for warming up, practicing technique, or taking a short loop at high altitude in the Silvretta.

End point
Silvretta-Bielerhöhe

Please note: Depending on snow, weather, and avalanche conditions, the trail route and starting point may change at short notice.

Getting to the starting point

The recommended starting point is Silvretta-Bielerhöhe.

By public transportation:
With the Montafon regional bus and the Montafonerbahn, you can travel comfortably and flexibly throughout the valley. Trains and buses connect the towns regularly, every half hour or every hour depending on the route. You can find suitable connections in the cleVVVer mobil schedule app. Bus stop for the onward journey to the Silvretta-Bielerhöhe: Partenen Bergbahnen. From the bus stop, it's about a five-minute walk to the Vermuntbahn valley station. You can then take the Vermuntbahn and the tunnel bus through the wintery high-mountain landscape to the Silvretta-Bielerhöhe.

By car:
Take the A14 to the Bludenz/Montafon exit. Then follow the Montafonerstraße L188 to Partenen, where the Vermuntbahn's valley station is located. Free parking is available at the Vermuntbahn valley station. From there, you can take the Vermuntbahn and the Tunnelbus to the Silvretta-Bielerhöhe.

00:10 h duration	0,56 km Length in km
2037 m Highest point	2023 m Lowest point
13 m gain Ascent	13 m gain Descent

Start	Silvretta-Bielerhöhe
Finish	Silvretta-Bielerhöhe
Route type	Cross-country skiing
Difficulty	Easy

Elevation profile



Difficulty

Best months

JAN	FEB	MAR	APR	MAY	JUN
✓	✓	✓			

JUL	AUG	SEP	OCT	NOV	DEC
				✓	✓

Golm Silvretta Lünersee Tourismus GmbH
www.silvretta-bielerhoehe.at
A-6794 Partenen
+43 5556 701 83167
info@gsl-tourismus.at

Important Information

You'll find places to stop for refreshments and restrooms at the Silvretta-Haus or the Berggasthof Piz Buin.

You can use the cross-country ski trails in the Montafon for free. Please note, however, that some longer cross-country trails and connecting routes from the Silvretta-Bielerhöhe toward the Paznaun Valley may require a fee.

If you don't have your own equipment, there are various options for renting winter sports gear in the Montafon.

The cross-country ski trails are updated by the responsible staff on site depending on weather and snow conditions.

Tips

The short high-altitude cross-country trail is a great way to acclimate to the altitude of over 2,000 meters, warm up, or work specifically on your cross-country skiing technique.

Sicherheitstipps für Langlaufen in Vorarlberg

NOTRUF:

140 - Alpine Notfälle österreichweit

144 - Alpine Notfälle Vorarlberg

112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

Wetterbedingt kann es vorkommen, dass die Loipen nicht täglich frisch gespurt werden. Je nach Schnee- und Wetterverhältnissen kann es zu Änderungen kommen.

further information